

**DIRECTIONS to
Connecticut Nurses' Association
377 Research Parkway Suite 2D
Meriden, Connecticut 06450-7160
203-238-1207**

From points north:

Take I-91 south to exit 17, or take Route 15 south (Berlin Turnpike) to exit 67. Either way, follow the exit roadway to the traffic light at the top of the exit ramp. Turn left onto East Main Street and proceed across the overpass. At the second traffic light, there is a Texaco gas station/Foodmart on the right, on the corner of Pomeroy Ave.

Turn onto Pomeroy Avenue. About ½ mile on Pomeroy, you will come to a stop sign, with the Four Points hotel on your right. Turn right onto Research Parkway. Including the Four Points as the first, we are the fourth building on the right-hand side of the road. There is a sign that says "Meritech Business Park." Turn right onto this driveway. We are the first building on your left. When facing the building, CNA Headquarters is the front right corner unit.

From points east:

Take Route 2 west to Marlborough. Join route 66 west (also called I-691). Proceed west through Portland across the Portland Bridge. Continue heading west through Middletown to Meriden. In Meriden, you will pass through the business section and many traffic lights. Be alert for signage that identifies I-91 just ahead. At that traffic light, there is a Texaco gas station/Foodmart on the left, on the corner of Pomeroy Ave.

Turn onto Pomeroy Avenue. About ½ mile on Pomeroy, you will come to a stop sign, with the Four Points hotel on your right. Turn right onto Research Parkway. Including the Four Points as the first, we are the fourth building on the right-hand side of the road. There is a sign that says "Meritech Business Park." Turn right onto this driveway. We are the first building on your left. When facing the building, CNA Headquarters is the front right corner unit.

Alternate route: take Route 9 North to Middletown. Then take Washington Street/Route 66 west through Middletown into Meriden (becomes East Main St.). Be alert for signage that identifies I-91 just ahead. At that traffic light, there is a Texaco gas station/Foodmart on the left, on the corner of Pomeroy Ave.

Turn onto Pomeroy Avenue. About ½ mile on Pomeroy, you will come to a stop sign, with the Four Points hotel on your right. Turn right onto Research Parkway. Including the Four Points as the first, we are the fourth building on the right-hand side of the road. There is a sign that says "Meritech Business Park." Turn right onto this driveway. We are the first building on your left. When facing the building, CNA Headquarters is the front right corner unit.

Alternate route: take I-95 west towards New Haven. Join I-91 north. Take exit 16. At the end of the exit roadway, turn right onto East Main Street. There is a Texaco gas station/Foodmart on the right, on the corner of Pomeroy Ave.

Turn onto Pomeroy Avenue. About ½ mile on Pomeroy, you will come to a stop sign, with the Four Points hotel on your right. Turn right onto Research Parkway. Including the Four Points as the first, we are the fourth building on the right-hand side of the road. There is a sign that says "Meritech Business Park." Turn right onto this driveway. We are the first building on your left. When facing the building, CNA Headquarters is the front right corner unit.

From points south and southwest:

Take I-95 east to I-91 north and take exit 16, or you can take Route 15 north (Merritt Parkway/Wilbur Cross Parkway) and take exit 67. Either way, follow the exit roadway to the traffic light at the top of the exit ramp. Turn left onto East Main Street and proceed across the overpass. At the second traffic light, there is a Texaco gas station/Foodmart on the right, on the corner of Pomeroy Ave.

Turn onto Pomeroy Avenue. About ½ mile on Pomeroy, you will come to a stop sign, with the Four Points hotel on your right. Turn right onto Research Parkway. Including the Four Points as the first, we are the fourth building on the right-hand side of the road. There is a sign that says "Meritech Business Park." Turn right onto this driveway. We are the first building on your left. When facing the building, CNA Headquarters is the front right corner unit.

From points west:

Take Interstate I-84 east, then take I-691 east. Take exit 10 onto Route 15 south (Wilbur Cross Parkway), then take a quick right onto exit 67 (East Main Street, Meriden). Follow the exit roadway to the traffic light at the top of the exit ramp. Turn left onto East Main Street and proceed across the overpass. At the second traffic light, there is a Texaco gas station/Foodmart on the right, on the corner of Pomeroy Ave.

Turn onto Pomeroy Avenue. About ½ mile on Pomeroy, you will come to a stop sign, with the Four Points hotel on your right. Turn right onto Research Parkway. Including the Four Points as the first, we are the fourth building on the right-hand side of the road. There is a sign that says "Meritech Business Park." Turn right onto this driveway. We are the first building on your left. When facing the building, CNA Headquarters is the front right corner unit.